



Giving Area

Mental Health & Well-Being

Creating opportunities for young people to live connected and purpose-filled lives



Notable Fact

According to a recent advisory from the [U.S. Surgeon General](#), approximately half of U.S. adults report experiencing loneliness, with some of the highest rates among young adults.

Recent Grants

- **National Alliance on Mental Illness (NAMI):** \$2.25 million for general operating support, including chapters in Georgia and Montana
- **Georgia Youth Mental Health Funder Collaborative:** \$1 million for a funder collaborative focused on finding and funding the most effective ways philanthropy can support mental health policy change and implementation in Georgia
- **Project Healthy Minds:** \$675,000 to empower Millennial and Gen Z leaders with tech backgrounds to develop a robust user-friendly digital gateway for mental health services that can serve anyone in the U.S. in need of mental health and well-being support
- **One Mind:** \$400,000 to support the organization's work to bring tools and training about building belonging in the workplace specifically to nonprofits

Giving to Date

\$16 million since 2022

Key Staff



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